

## **'Respect' for Recipes from the 2<sup>nd</sup> World War**

**Beetroot pie, carrot fudge and potato floddies were just a few of the wartime recipes created and shared by a group of older and young people on our Respect project last month. Amongst the "oohs" and "ahhs" and mostly "yuck what's that?" the session was a great success. The young people from Greenshaw High School and the older people from Distin Court sheltered housing were brought together in this fun and interesting shared cooking and tasting task which was just one session out of seven spread over a one afternoon per week project. Other sessions included Christmas cake making, ballroom dancing and quizzes and games.**



## **Respect**

**Since 2005 we have worked with Sutton Safer Partnership to help reduce the fear of crime.**

**The youth participation team acts as facilitators for the young people of the London Borough of Sutton to enable them to participate in a wide variety of volunteering opportunities. This enables young people to gain experience, develop new skills and build confidence and self awareness. This in turn encourages them to reach their full potential.**